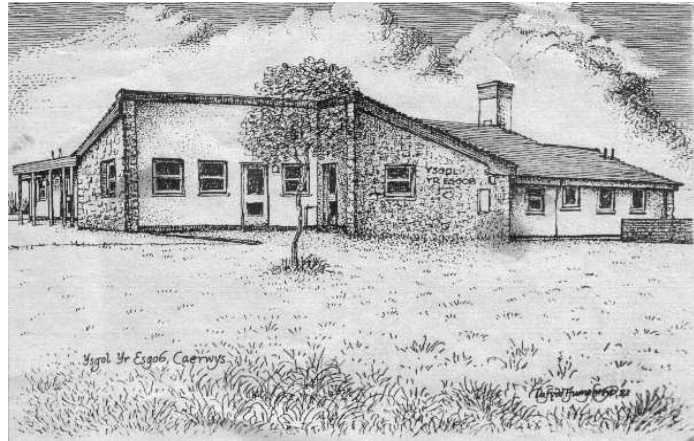


# **Ysgol yr Esgob Church in Wales Voluntary Aided School Caerwys**



## **Personal Development and Relationships Policy**



The aim of personal development and relationships education is to build in a responsible and developmentally appropriate way, on children's existing knowledge and experience of their bodies, relationships and the world around them. We aim that by giving appropriate education at primary level, pupils will be better able to manage puberty and will develop skills and self esteem to become confident adolescents.

Section 46 of the education act 1986 requires the LEA, Governors and the head teacher to ensure that " Where sex education is given to any registered pupil in the school it is given in such a manner as to encourage those pupils to have due regard to moral considerations and the value of family life."

It is within this context that we would provide personal development and relationships education to pupils at Ysgol yr Esgob Church in Wales V.A. School.

#### Primary sex and relationships education should:

- Be identified as an integral element within a comprehensive personal and social education program.
- Prepare children for puberty
- Develop skills and self esteem to help children enter adolescence
- Address concerns and correct misunderstandings children may have gained from the media and their peers.
- Develop pupils understanding of maintaining personal safety
- Explore attitudes and values

#### Curriculum content:

At foundation phase pupils are taught through the science and PHSE curriculum

- That all animals, including humans, move, feed and grow, are sensitive and reproduce. They will learn that humans produce babies that have particular needs and that these babies grow into children and adults.
- The names of the main external parts of the human body and how to begin to recognize similarities and differences between themselves and others.
- About the role of nutrition, exercise and hygiene in good health.
- About personal safety.
- About valuing oneself and others and about how to deal with simple emotions.

In Year 3 and 4, pupils consolidate their learning in the above areas and topics will be revisited.

In year 5 and 6 pupils will also learn:

- About the physical, emotional and social changes that take place at puberty.
- About the basic biology of human reproduction and the range of skills necessary for parenting.
- The growing importance of hygiene.
- About the factors affecting friendships, peer group relationships.

#### Organisation:

In reception and year 1, all aspects of personal development and relationships education will be taught as an integral part of science lessons and PSE sessions such as circle time. From Year 2 upwards, specific lessons will take place. The class teacher with the guidance of the head teacher will deliver this unit of work. Resources produced by Health promotion Wales will be used to support learning. For some sessions boys and girls may have separate discussion groups.

#### Parental involvement:

Parents are invited to view the learning outcomes and resources for personal development and relationships education and may discuss any areas of concern with the head. We feel that it is important for all pupils to have participated in the program prior to leaving our care.

#### Equal opportunities and special educational needs:

All pupils will have equal access to learning in personal development and relationships education and pupils with additional needs will access the program at a level suited to their understanding.

#### Transition:

We will liaise with the high school regarding the sex and relationships education program so that they are aware of pupils' prior knowledge.

Updated by Governors June 2014.